

WHAT WOULD YOU DO IN a CRISIS?

Natural disasters, contaminated water, loss of power, terrorist attacks, are all a very real threat these days. Are you prepared just in case? What would you do without access to water, food or medical supplies?

Practical Solutions:

Join us for Phase 1 of the **Urban Crisis Survival Training (U.C.S.T.)** and get some practical advice about what to do in a crisis situation. **NO CRAZY, COSTLY, OVERBOARD STUFF**, just what you need to know to protect and provide for yourself and those you love.



Phase 1 Workshop:

- Simple solutions you can implement TODAY at a relatively low cost.
- Hands on “show and tell” presentation format & printed take home gear/food/supply list.
- Why leaving town might not even be an option and what you can do about it.
- We will address water and food storage needs.
- Learn various ways to cook without power and actually build a solid state heat source in class.
- We will cover security & medical concerns + some unique solutions.
- Learn what items disappear first in a crisis and what one item you should never trade.
- Learn what the most valuable thing to have in a crisis is and why, hint, it’s not gold or ammo.
- Understand what the *grayman protocol* is and why it’s key to your survival.
- Much much more....

“Better to have and not need than need and not have.”

Training Events:

- Phase 1 – Sat Oct 18th, 9AM-1PM
- Phase 1 – Sat Nov 15th, 1PM-5PM

Prepaid Cost:

- \$100 for A.C.W.A. members
- \$115 nonmembers
- Free for Elite members & Instructors
- Hurry, cost goes up \$20, 1 week prior to each event

Reserve Your Spot:

- Space is limited so call: 469-939-2462 or email info@UrbanCrisisSurvivalTraining.com
- Training will be at the A.C.W.A. 1740 North Greenville Ave, Richardson, TX 75081

NOTE: Phase 1 is the first part of a multiphase program and is required before moving to Phase 2 training. It lays a foundation that ANYONE can follow, no experience required.